



# ORIENTEERING TASMANIA

## POLICIES AND GUIDELINES

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BOOKS

## COACHING LIBRARY

### READ ALL ABOUT IT! EVERYTHING YOU ALWAYS WANTED TO KNOW ABOUT ORIENTEERING BUT WERE AFRAID TO ASK

All this and much more is covered in the many books available from OT and club libraries to all members. Following publications are held by the Coaching Director (Paul Pacqué ph.6343 3367). There are several books about basic O-technique exercises and on organising and planning events. More in depth literature is available on coaching, fitness, course setting etc.

#### **EVOC library**

- Orienteering, by John Disley (1978)
- The Penguin Book of Orienteering, by Roger Smith (1982)
- Orienteering, a Way of Learning Outdoor Navigation, by Peter Wilson
- Orienteering, by Martin Henley (1978)
- Map reading Handbook, by SES Tasmania
- Improve your Orienteering, by Peter Palmer
- Orienteering, Take it to the World, by Per Sandberg
- Inner Running, by Donald Porter (1978)
- Towards Better Coaching, by the Australian Coaching Council (1984)
- You're the Coach, by the Australian Coaching Council (1984)
- Orienteering Skills and strategies, by Ron Lowry and Ken Sidney (1985)
- Orienteering Instructors Manual, by Jim Gilchrist and Jack Lee (1984)
- Orienteering Level 1 Coaching Certification, by the Canadian Orienteering federation (1983)
- Elementary Orienteering Instructor's Handbook, by Debbie Gale
- Orienteering Training and Coaching, by the British Orienteering Federation (1987)
- Teaching Orienteering, by Carol McNeill et al. (1987)
- Learning Orienteering Step by Step, by Gunnar Hasselstrand (1987)
- Modern orienteering training, by Wilfred Holloway (1979)
- World class orienteering, by Wilfred Holloway (1980)
- Let's get into orienteering, by Toy Martin (1991)

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- Coaching children (ASC - 1992)
- Orienteering Instructor's Resource Manual, by Canadian Orienteering Federation (1990)
- Orienteering – The essential guide to equipment and technique, by Ian Brat (2002)

#### OT Library

- Outward bound orienteering handbook, by Martin (Bilbo) Bagness (1995)
- Get fit for orienteering, by Steve Bird (1996)
- Orienteering - Pathways to excellence, by Peter Palmer (1994)
- Orienteering - the skills of the game, by Carol McNeill (1994)
- Elementary Orienteering Instructor's Handbook, by Debbie Gale (1989)
- Orienteering Training and Coaching, by the British Orienteering Federation (1987)
- Teaching Orienteering, by Carol McNeill et al. (1987)
- Learning Orienteering Step by Step, by Gunnar Hasselstrand (1987)
- Orienteering Technique from Start to Finish, by Bertil Norman and Arne Yngstrom (1991)
- Course Planning, by Claesson Gawelin (1981)
- Trail Orienteering, by Anne Braggins (1993)
- Orienteering in the National Curriculum, by Carol McNeill et al. (1992)
- Your Way with Map and Compass, by John Disley (1973)
- The Coaching Collection, by the British Orienteering Federation (1989)
- Games and Exercises, by the Swedish Orienteering Federation (1979)
- Armchair Orienteering, by the Canadian Orienteering Federation (1992)
- Orienteering, by Kay Haarsma

#### Australopers Library

The following books are held by Sue Mount. If you are a member and wish to borrow a book ask Sue (6227 8993).

- Adventures with map and compass (1975) by Peter Nicholls and Joyce Crawley
- Armchair orienteering: a practical guide (1984) by Winifred Stott
- Competitive orienteering from start to finish (1971) by Per-Ake Hellman
- Elementary map reading (1942) by Thomas Pickles
- Elementary orienteering instructor's handbook (1989) by Debbie Gale
- Exploring the nature (CD and book) (1999) by Silva
- Healthy runner's handbook (1996) by Lyle J. Micheli
- Learning orienteering step by step (1987) by Gunnar Hasselstrand
- Let's get into Orienteering (1991) by Toy Martin
- Map and compass fundamentals orienteering (1976) by Toy Martin and Dave Loft
- Modern orienteering training (1979) by Wilfred Holloway
- Orienteering (1984) by Kay Haarsma
- Orienteering by Ron Lowry
- Orienteering (Know the game series) (1980) by Scottish Orienteering Association
- Orienteering technique from start to finish (1991) by Bertil Norman and Arne Yngstrom
- Orienteering the skills of the game (1989) by Carol McNeill
- Orienteering training and coaching (1982) by Gareth Bryan-Jones et al (BOF)
- Orienteering: the essential guide to equipment and techniques (2002) by Ian Bratt

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- Running past fifty (1998) by Richard Benyo
- Teaching orienteering: a handbook for teachers, instructors and coaches (1987) by Carol McNeill et al
- This is orienteering (1976) by Jim Rand and Tony Walker
- You're the coach (1984) by Brian Nettleton